~Appetizers~

Anageda Conch Fritters. Served with our house Caribbean sauce . $13.00

Coconut Shrimp Served with mango and ginger sauce. $14.00

Garlic Mussels. $13.00

Sautéed in butter, garlic, lemon juice tomatoes and fresh herbs.

 Field Green Salad . $12.00

 Crispy romaine lettuce julienne cucumber beets bell peppers tomatoes

 and radish with pineapple coconut dressing.

Calamari Salad. our house salad with smoked calamari. $13.00

Seaweed Salad (Wakame).

On a bed of baby lettuce julienne cucumber bell peppers and cucumbers.

 ~Entrées~

Coconut Curry Chicken. $28.00

Chicken breast marinated in ghara masala and simmered in

 coconut milk; served with Jasmine rice, coleslaw & steamed vegetables.

Iona’s Gingerwine Chicken $28.00

Served with peas & rice steamed vegetables and fried plantain.

Grilled Salmon. $32.00

Grilled and served with creamy dill sauce, Garlic Mash, sautéed Vegetables & fried Plantain.

Grilled or Blackened Mahi Mahi . $34.00

topped with fresh mango salsa, served with Peas & rice plantain and coleslaw.

Curry Crusted Snapper Fillet. $34.00

Lightly dusted with curry powder & Indian spices and pan seared,

Served with fresh mango salsa, rice, fried plantain & coleslaw.

Tropical Mojito Tuna. $32.00

Grilled and served with Fresh mango passionfruit salsa, Garlic Mash, sautéed Vegetables & fried Plantain.

16oz Char Grilled Black Angus Caribbean Jerk Ribeye Steak $45.00

Hand cut, char grilled and topped with sautéed mushroom & onions.

Served with Garlic mash potatoes, sauteed fresh vegetables and fried plantains

16oz Char Grilled Black Angus New York Strip Steak $36.00

Hand cut, char grilled and topped with sautéed mushroom & onions.

Served with Garlic mash potatoes, sauteed fresh vegetables and fried plantains.

BBQ Baby Back Ribs. $28.00

Succulent Baby Back ribs smothered in our house blend

Spicy BBQ sauce with rice & peas plantain and Cole slaw.

Alfredo Pasta. Pasta tossed in creamy Alfredo sauce and your choice of meat.

Shrimp $32.00 Lobster $35 Seafood $36

Chicken $25.00 $Salmon $34

~Vegetarian dishes~

Vegetable Alfredo $22.00

broccoli carrot mushroom choice of linguini or penne pasta in cream sauce

with parmesan cheese.

Stir Tofu with fresh vegetables and linguini pasta. vegan $25.00

Coconut Curry Tofu vegan $24.00

over Jasmine rice with sautéed vegetables and Fried plantain.

Vegan plate $20.00

Rice & peas fried plantain steamed vegetables and garden salad

Curried vegetables vegan $25.00

Assortment of fresh vegetables, chickpeas and potatoes simmered in curried coconut sauce and served with Jasmine coconut rice, fried plantain, and salad.

-Dessert-

Cheese cake Mango Passion $11 Key lime Pie ` $ 9.00

NY Cheesecake $ 10 Monster Cheesecake $13.00

Double Chocolate Cake $15 Chocolate Cake $ 9.00

Local Beverages Glass

Coconut Water $6.00 Passion fruit $5.00

Lemonade $5.00 Sorrel $5.00

Sour Sop $8.00

Water Small Large

Still Bottled Water BVI Aqua $2.00 $8.00

Saratoga Still or Sparkling $8.00

Hildon still or sparkling $7.00

Perrier Sparkling Water $3.00 $8.00

Fiji $3.00 $8.00

House Wines Glass

Beringer White Zinfandel $7.00

Yellowtail Chardonnay $7.00

Torressalla Pinot Grigio $7.00

Casillero Diablo Sauvignons Blanc $7.00

Casillero Diablo Chardonnay $7.00

Beringer Red Moscato $7.00

Cavit White Moscato

Casillero Diablo Cabernet Sauvignon $7.00

Norton Syrah $7.00

Aphotic red blend $8.50

Catena Malbec $9.00

Casillero Diablo Pinot Noir $7.00

Casillero Diablo Merlot $7.00

White Wines Bottle

1948 Moscato

Kendall Jackson Chardonnay $58.00

Santa Margherita Chardonnay $38 $38.00

La Crema Chardonnay $80.00

Cake bread Chardonnay $90.00

Coopers Creek Chardonnay $34.00

Coopers Creek Sauvignon Blanc $42.00 Santa Margherita Pinot Grigio $44.00 Cavit Pinot Grigio $32.00

Red Wines Bottle

Stag’s Leap Wine Cellars ‘Artemis’ Cabernet Sauvignon $180.00

Norton Malbec $38.00

Santa Margherita Malbec $38.00

Cantena malbec $35.00

Norton Cabernet Sauvignon $40.00

Norton Syrah $40.00

Beringer Red Moscato $30.00

Montes Pinot Noir $36.00

Aphotic Red blend $32.00

Cali snoop dog $40.00

19 crimes Cabernet Sauvignon $40.00

 19 Crimes Red Blend $38.00

Mieomi Pinot Nior $70.00

Champagne & Sparkling Wine Bottle

Veuve Clicqout $120.00

Moet Imperial $100.00

Santa Margherita Prosecco $38.00

Lunetta Prosecco $45.00

Korbel Brut Rosé $42.00

Freixenet Cordon Negro Brut $24.00

La Marca Prosecco

 Figuiere Cotes de Provence Premiere Rose 2021 $54.00

 Magali Signature Côtes de Provence Rosé $48.00

 Aix Rose Coteaux d Aix-en-Provence Franc $54.00